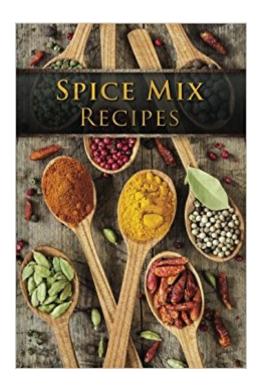


The book was found

Spice Mix Recipes: Top 50 Most Delicious Dry Spice Mixes [A Seasoning Cookbook]





Synopsis

Spices and herbs, also called seasoning, are an important part of cooking, if not the most important. They can transform an ordinary tasting dish into an incredibly delicious dish. All spices originate from plants. Some are used entirely but some plants have specific parts that are used, like the flowers, roots, barks, leaves, stems and seeds. Making spice mixes at home is a lot cheaper than buying them in the store, especially when you buy large quantities of them. Just buy a big bag or container of each individual spice and start mixing them at home. Store them in jars and you won¢â ¬â,,¢t have to buy any spices for years to come. And with the variety of these spice mixes you \tilde{A} ¢ \hat{a} $\neg \hat{a}$,¢II be able to use them for anything and make everything so much more delicious! Some spices like garlic and cinnamon don¢â ¬â,¢t only improve the taste of the dishes but also help in preserving due to their ability to limit bacterial growth. Lots of spices, like turmeric, ginger, garlic, cloves and many more are also very healthy, they contain antioxidants and various other nutrients depending on the spice and herb. They can possess anti-cancer, anti-inflammatory, and immune-boosting properties. All the recipes in this book are dry spice mixes only and have been categorized according to the region where these spice mixes originated. YouA¢â ¬â,¢ll find spice blends from all over the world, including spice mixes for desserts. So go stock up on some spices and get ready to taste an amazing array of new flavors in your home cooking.

Book Information

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Food & Wine > Cooking by Ingredient > Herbs, Spices & Condiments

Customer Reviews

I mainly bought this book to get different dry spice mixes for cooking. They have one for taco in the book and I tried it on a recent camping trip and there wasn't much kick to it so I will go back and look at all the ingredients and may add a few more things to give it more kick. I am glad I got this book as

I am sure I will try some of the other recipes in the pages.

This book is great. It is very helpful if you want to avoid all those unhealthy chemicals in packaged mixes.

Love it! This book is a treasure. I can not wait to try all these recipes. It is like a goldmine. You vCard an make your own mixes for giving delicious flavors to your cooking. I am so excited . It feels like Christmas. Enjoy!

This book is great for those who like to create their own spice blends. It has some excellent recipes. As I grow a lot of herbs it is helpful in showing me new ways I can use them.

I went through the book the same day I got it! I love it. Its definitely $\tilde{A}f\hat{A}\phi\tilde{A}$ \hat{a} $\neg\tilde{A}$ \hat{a} a must for every home chef.

Sweet little book. Eager to use it to make spice gifts come holiday time

Love this book - it is so nice to know what to put together myself. Julie does a good job giving information on mix of spices, it is helpful.

Very helpful, many mixes n rubs.amazing how integrated they are and tasty they sound. I'm looking forward to trying several.

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